This is most useful when several medications are prescribed.

Sorry about the long post but I just wanted to let whoever can read this and answer know what my whole deal is.

Different preparations from the plant's leaves, flowers, and roots are commonly used in Indian natural medicine, called Ayurveda, for rejuvenation and treating a wide variety of ailments.

The media have some catching up to do, in their portrayals of mental illness in general and of depression in particular.